



IN-NETWORK WITH:

AETNA (via MultiPlan)

ALLIANCE

BCBS/ANTHEM*

CIGNA

FORWARDHEALTH

GHC-SCW*

HUMANA

QUARTZ

SSMHEALTH/DEAN*

UW SHIP

WEA

WPS

ADDITIONAL FORMS OF ACCEPTED PAYMENT:

OUT-OF-NETWORK

PRIVATE PAY

LIMITED REDUCED RATE

*Includes ForwardHealth Managed Care

ACCEPTING
NEW CLIENTS!
ACEPTAR NUEVOS
CLIENTES!

Fitchburg

2940 Chapel Valley Rd Suite 2
Fitchburg, WI 53711

Downtown

740 Regent St Suite 201
Madison, WI 53715

intake/info: 608.709.9672
para Español: 608.520.0398
info@abegglencounseling.com
www.abegglencounseling.com



abegglen
COUNSELING & CONSULTING

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MISSION/MISIÓN

"Our mission is to bring caring, compassionate, culturally- responsive mental health services to all, regardless of race, gender, sexual orientation, and abilities.

We understand that making the choice to see a therapist is not always easy, so we strive to ensure every client feels safe, supported, and validated when they are working with us.

We vow to make each client's unique change process more manageable by offering high quality mental health services that supports healing, assists in change and encourages growth."

"Nuestra misión es proveer servicios de salud mental comprensivos, con compasión y culturalmente conscientes a todos, independientemente de su raza, género, orientación sexual y habilidades.

Entendemos que el decidir ir a ver a un terapeuta no siempre es fácil, y eso por eso que nos esforzamos para asegurar que cada cliente se sienta seguro, respaldado y validado cuando trabaje con nosotros.

Nos comprometemos a hacer que el proceso de cambio, el cual es único para cada cliente, sea más manejable al ofrecer servicios de salud mental de alta calidad que respalden la recuperación, que ayuden en el cambio y fomenten el crecimiento "



Individual Therapy (Ages 3+)
Bilingual Therapy (Spanish)
Family Therapy
Couples Therapy
School-Based Mental Health
Evening & Weekend Appts

Terapia Individual (edades 3+)
Terapia Bilingüe (español)
Terapia Familiar
Terapia de Parejas
Servicios de Salud Mental en la
Escuela
Citas por la Noche y Fines de
Semana

Abegglen Counseling & Consulting is a state-certified behavioral health clinic (#3244) in Fitchburg, WI, a southern suburb of beautiful Madison, WI

Abegglen Counseling & Consulting es una clínica de salud conductual certificada por el estado (# 3244) en Fitchburg, WI, un suburbio al sur de la hermosa Madison, WI..

SPECIALITIES/ ESPECIALIDADES

- Acceptance and Commitment Therapy (ACT)
- ADD/ADHD
- Anxiety
- Bilingual Services (Spanish/Español)
- Cognitive Behavioral Therapy (CBT -Including Trauma Informed)
- Complex Cases
- Relationship Concerns
- Developmental, Relational and Attachment Traumas
- Depression
- Dialectical Behavioral Therapy (DBT)
- Eating Disorders/Disordered Eating
- EMDR
- Family Systems
- LGBTQ
- Mood Disorders
- Obsessive Compulsive Disorder
- Parenting Concerns
- School Concerns
- Self-Harm
- Suicidal Ideation
- Survivors of Violence
- Substance Use
- Those with Disabilities